

ALMUSTAFA NEWS

Named after the Holy Prophet, Muhammad Mustafa, (peace be upon him)

Jan - Dec 2019

An Over View

Founded by Lt Gen Ghulam Muhammad Malik (Retd) Al Mustafa Trust made a humble start on 5th Sep 1998 housed in a small building provided by a Philanthropist free of any rent. Ever since, the Trust has moved a long way making an unparalleled progress now having 21 medical centres (8 urban, 13 in rural areas) and 19 dispensaries and mobile units, thus providing free primary health care facilities to 76 cities, towns and villages across the country. The present state of those treated during 2019 stands around 942,605. From 2015 to 2019 there has been an increase of beneficiaries by 346.60 %. Most likely with two newly inaugurated projects this year and four upcoming in first half of 2020, this figure is going to cross far beyond one million mark, thus expanding the canvas of our activities in helping destitute needy and the poor seeking primary health care, and where possible specialist treatment as well. Trust's five projects (medical centres and dispensaries) in southern region alone are benefiting 27,000 patients per month and this figure is also increasing by the day. Besides registration with Pakistan Centre for Philanthropy (PCP), the Trust is also registered with UK Charity Commission and the State of Virginia, USA.

STATE OF BENEFICIARIES

Jan 2019 to Dec 2019

They Need Your Help



S. No	AMT Centres		Total Patients	Lab Tests	Ultrasound	X-Ray	Dental Cases	ECG	Cataract Operations	Physio therapy
1	Chaklala	Rawalpindi	132191	17356	803	4559	6367	222	627	4221
2	New Lalazar	Rawalpindi	42581	1905	265	0	491	51	0	0
3	Mandra	Rawalpindi	18076	1703	0	0	69	144	0	0
4	Bhara Kahu	Islamabad	18047	3009	70	0	0	0	0	0
5	Jewra	Kahutta	19140	2037	1007	0	1749	56	0	0
6	Pajja Gai Road	Peshawar	21587	0	0	0	0	0	0	0
7	Kamal Pur Musa	Attock	19662	4151	0	196	0	91	0	0
8	Kanyat Khalil	Gujar Khan	14504	2030	348	0	0	21	0	0
9	Danda Shah Bilawal	Chakwal	19905	6872	149	0	0	470	0	0
10	Chawali	Chakwal	11675	1288	41	0	523	0	0	0
11	Chak Sada	Gujrat	29749	5612	303	0	0	0	0	2148
12	Sillanwali	Sargodha	21774	3658	852	0	659	115	0	200
13	New-Dhokri	Khushab	9789	57	0	0	0	0	0	0
14	Charrar DHA	Lahore	129288	6705	2174	1595	5276	255	1253	2979
15	Chak 16/14 L, Iqbal Nagar	Sahiwal	13051	1672	419	0	0	24	0	0
16	Goth Haji Nabi Bakhsh	Umer Kot	12102	1405	0	0	0	0	0	0
17	Clifton	Karachi	55228	5718	809	0	2771	0	614	0
18	PECHS	Karachi	33475	4193	754	0	1584	0	620	0
19	Korangi	Karachi	151248	17598	3137	159	0	0	1289	9233
20	Dispensaries/Mobile Dispensaries		169533	1491						
	Grand Total Jan 19 - Dec 19		942605	88460	11131	6509	19489	1449	4403	18781

MEDICAL / EYE CAMPS

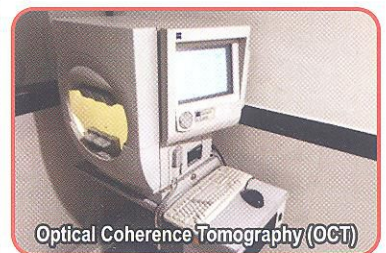
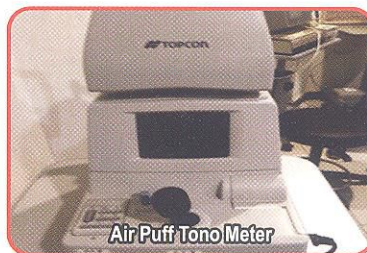
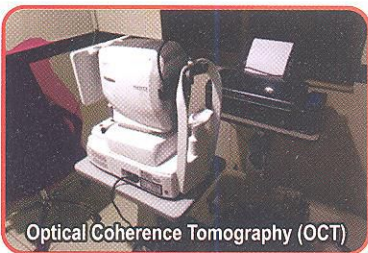
Keeping our commitment and resolve to reach out to as many destitute and poor people as possible, some of our medical centres organized various camps in the surrounding localities. Some of these are:-

- **Charrar, DHA Lahore:** Besides two eye camps every month in various far-flung localities in Lahore, a specialists camp of Hepatitis, Diabetes and Eyes was held at Mominpura Lahore on 30 Oct 2019. One Thousand individuals benefited. They were provided free medicines and even eye glasses where deemed necessary.
- **Kanyat Khalil:** Besides an eye camp held in first half of the year on 27 Feb 19, two more such camps were arranged in collaboration with Al Shifa Eye Trust on 28th August and 27th November 2019 wherein the beneficiaries inter alia, included two girls schools in the area. A total of 1,100 beneficiaries including school girls were tested and treated in these camps.
- **Dhorki, Khushab:** Three medical camps were organised by this medical centre on 20th January, 10th November and 12th December 2019 of which 20th January medical camp was exclusively for ladies. A total of 202 persons utilized this facility.
- **Dental Camp, Clifton Karachi:** Our Sheerin Jinnah (Clifton) medical centre organized two dental camps in December 2019. A total of 179 people were treated.
- **Hepatitis Camp Korangi Karachi:** Trust's Signature Centre at Korangi organized 10 Hepatitis camps from September to December 2019. A total of 1,162 people were screened and tested, of which 151 were found Hepatitis C positive and treated.
- **Health Awareness Programme:** Besides our normal activates regular health awareness programme are conducted in all rural and urban medical centres which include Cleanliness, Epidemic Prevention, Mother and Child Care, Nutrition, Immunization and other health hygiene related subjects.
- **Computerization:** Computerization of main medical centre at Rawalpindi is in progress and contract for networking and hardware has been awarded. The work is likely to be completed in February 2020 and the centre would hopefully be working in paperless environments by March 2020.



NEW EQUIPMENT AND FACILITIES

Eye department of Al Mustafa Signature Centre at DHA Lahore is now one of the most advanced diagnostic and therupic centre. Recently addition of new state of the art eye equipment includes OCT (Optical Coherence Tomography) (Retina scanning machine) and Humphery Visual Field machine (ZEIS-Germany). This centre has also established a Glaucoma Screening Department for treatment of this devastating eye disease.

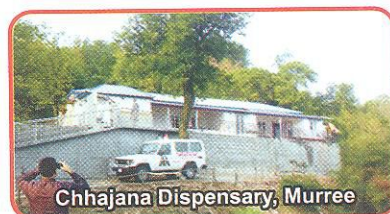


O you who believe give from what we have provided for you; before the Day comes when there is no bargaining, no friendship and no intercession. It is the disbelievers who are wrong (Al Baqarah, 254)

LATEST DEVELOPMENTS

Two of the five of our ongoing projects which were at various stages of development have seen light of the day and became operational thus broadening the base of our abilities to reach out to as many people as possible

- **Chhajana Dispensary, Murree:** This dispensary donated by Brig Amjad Satti (Retd) and family was inaugurated on 29th September 2019 by Chairman of the Trust and is now functional. It is planned to ultimately convert this into a medical centre in near future.
- **Makhdoom Rasheed, Multan:** This is our first ever medical centre in southern Punjab. Sponsored by Lt Gen Naeem Khalid Lodhi (Retd) and family, it was inaugurated on 16 October 2019 and is now fully operational.
- **Orangi Dispensary:** This dispensary is being relocated in the same area in a rented building to attract more beneficiaries. It is likely to be operational in its new location by March 2020.



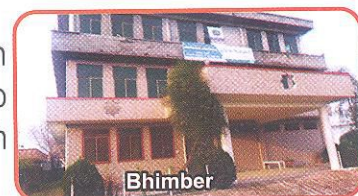
Chhajana Dispensary, Murree



Makhdoom Rasheed, Multan

FUTURE GAZE

- **Babini - Mardan:** The under construction building of this medical centre is likely to be completed by mid-March 2020 and hopefully will be functional by April/ May next year.
- **Bhimber, AK:** The building for this dispensary, eventually to be a medical centre in due course of time, has been donated by Haji Muhammad Ishaq who has also provided complete equipment for this project which is likely to be functional by March 2020.
- **Green City, Karachi:** Ground breaking ceremony of this medical centre was held on 1 December 2019. The building of this centre is to be constructed and donated by Mr Haneef Gohar owner of Green City. Mr. Haneef Gohar has also pledged to bear all operational expenses as well.
- **Chalgari, Matiari, Hyderabad:** Earth breaking ceremony of this dispensary was performed by Chairman of the Trust on 24th December 2019. Boundary wall of this centre had already been constructed and construction of the building is in progress.
- **Mehran Town, Malir:** Mr Abdul Malik and his family have committed to donate a dispensary to Al Mustafa Trust after construction of building which is likely to be completed by April 2020 and the dispensary will be functional by May next year.
- **Dispensary at Qamar Mashani, Mianwali:** Donated by Lt Gen Ahsan Mehmood (Retd) and Brig Nasrullah Khan Niazi (Retd), this dispensary is likely to be operational by February 2020.
- **Faisalabad:** Donated by Brig Maqbool (Retd), construction of this centre's building has already commenced and will be completed by end of 2020.
- **Hub:** An industrialist/ philanthropist Mr. Tariq Rafi has committed to donate a building for a dispensary in Hub which will be the first project of Al Mustafa Trust in Balochistan. He has also committed to help us establish a medical centre at Quetta as well.
- **Gharsheen Medical Centre, Hassan Abdal:** This medical centre has been sponsored by Col Zafar Mahmood Cheema (Retd). The construction work is underway and the building is likely to be completed by September 2020 and would be operational by end of next year.



Bhimber



Qamar Mashani

OBITUARY

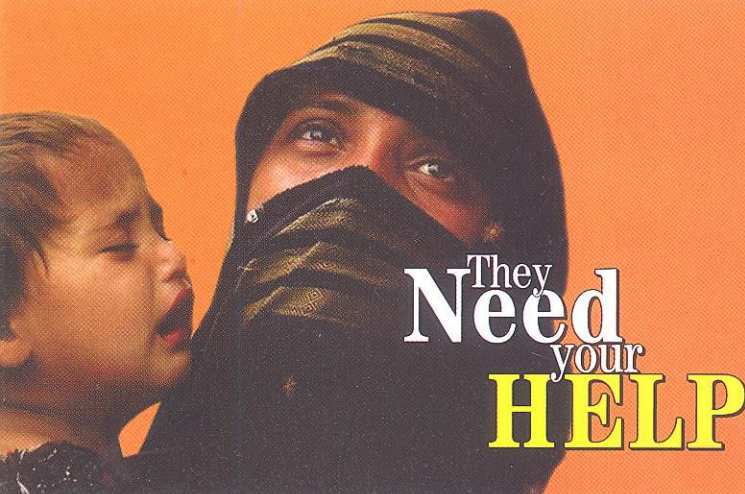
The year 2019 saw the sad demise of four of the Trust's most worthy members who left this world for their eternal abode. Col Doctor Samina Mehmood (Retd), project director and pioneer of our medical centre in Lahore at Bhatta Chowk; Brig Salman Sadique (Retd) Dental Surgeon at medical centre New Lalazar Rawalpindi; Mr Noor Muhammad office assistant head office who served the Trust since its raising in 1998 and Mr Abdul Qayyum operation theatre assistant (OTA) of main medical centre Rawalpindi. May Almighty ALLAH rest the departed souls in peace.

CONCLUSION

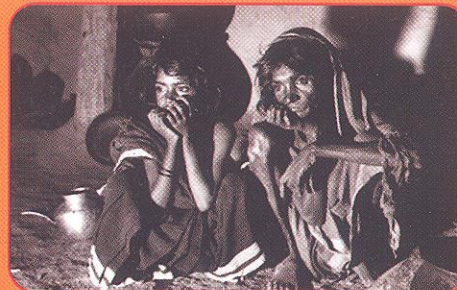
Services being rendered by Al Mustafa Trust in its odyssey to serve humanity are being acknowledged by many not only from within but outside the country as well, hence offers by a number of philanthropists to donate a dispensary or a medical centre to the Trust for the benefit of the poor and the needy. This also illustrates tireless efforts and selfless devotion of our project directors, doctors, paramedics and the management staff who have gone beyond the call of duty to ensure that Al Mustafa Trust remains on a higher pedestal as here-to-fore.

You may send your donations in any of the following accounts:-

For Donations	Foreign Currency Account
Meezan Bank (Pak Rupees) Account No. 0100143337 IBAN: PK22MEZN0008070100143337 Chaklala Scheme III Branch, Rawalpindi	Askari Bank (Dollar Account) Account No. 00401300401070 IBAN: PK85ASCM0000401300401070 Chaklala Scheme III Branch, Rawalpindi
For Zakat	Bank in United States of America (USA)
Askari Bank (Pak Rupees) Account No. 0200002775 IBAN: PK26ASCM0007710200002775 IBB Wallayat Complex, Bahria Town Phase VII, Rawalpindi	Askari Bank (Sterling Account) Account No. 00400500402460 IBAN: PK33ASCM0000400500402460 Chaklala Scheme III Branch, Rawalpindi
Bank in United Kingdom (UK)	Well Fargo Bank (Dollar Account) Al Mustafa Charitable Trust Account No. 3688520950, Swift Code: WFBUS6S 1311, Dolly Madison Blvd Mclean, VA 22101 Registered as 501(c)(3), Tax ID: 81-1374154
NAT West (Sterling Account) Al Mustafa Charitable Trust Account No. 38479109 Sort Code: 60-50-09 IBAN: GB44 NWBK 6050 0938 4791 09 50 IL ford Hill, IL ford Essex, UK	



They
Need
your
HELP



AL MUSTAFA TRUST

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